HOW TO PROVIDE FEEDBACK THAT ENCOURAGES A GROWTH MINDSET

breathe

TRY TO

Praise the effort, not the outcome.

Use time statements.

Encourage them to set new goals and reflect on progress.

Remind them of the learning dip when things are challenging.

Share when you find things hard.

Focus on what they have achieved.

Praise the values important to your family.

TRY NOT TO

Praise their ability 'you are so clever/talented'.

Praise for no reason.

Give them the same tasks to do if they can already do it.

Let them give up and do easier work.

Say things are easy, or should be easy for them.

Compare to others.

Only praise academic work.

EXAMPLES

- You just haven't got it yet...
- I am so impressed with how much effort you put into that lesson.
- I love how you tried to push yourself to really think in those last 10 minutes, imagine what could happen if you did that for longer?
- You showed that you have learnt a lot in that session, why don't we think about what what you could do better next time?
- Remember what we learnt about the learning dip? This is just the part at the bottom of the mountain. You just aren't there yet.
- Wow, I found that game really challenging. I could feel that I was in the learning pit. I am so excited to get even better next time I play.
- Congratulations on completing those last questions, I could see that you tried really hard. (Not 'it would have been better if you did 10 questions like your sister would of been able to).
- I love that you picked up that rubbish at the beach, it will help the environment.

@Teaching_Resilience